



DAILY DEVOTIONAL PLANNER

OVERCOMERS CHRISTIAN
COACHING AND CONSULTATION

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As Christians,

it is important to start our day with a daily Bible reading or devotional practice.

In my experience, the most complete Bible reading plan can be found at www.bible.com. Here you can choose from a number of free reading plans and devotionals.

I suggest that you connect your Bible reading practice to a daily event that you already do. For example, you could read your Bible after breakfast or while you wait for your child at dance practice, or, like me, you can use your Alexa app to listen to your devotional while you get dressed each day.

Once completed, use this document to record at least 1 takeaway from today's reading.

Afterwards, it's time to work on your to do list and your daily planner. At this point, pray to God. Take a couple of deep breaths, put your hand on your heart, and pray,

"God, I give to you my worried heart."

Then, write down what you need to do on your to do list in the 3 areas of money, work and home.

I find this planner helps me focus and commit the days activities to God when I give to Him my worried heart.

Drop me a line and let me know if this helps and be sure to let me know if there is anything I can do for you or to schedule a free 15 minute coaching or counseling session

Overcomes

COUNSELING

DATE: _____

ONE THING GOD SHOWED ME TODAY:

MY TAKEAWAY FOR TODAY:

MY TO DO LIST FOR TODAY:

MONEY: _____

WORK: _____

HOME: _____

